

Monday

Tuesday

Wednesday

Thursday

Friday

4  
Turkey Hot Dog  
½ svg  
Beans ¼ c  
Cookie

5  
Cheese Ravioli & Red Sauce (no meat)  
Sliced Veggies  
Raisins

6  
Turkey Wrap ½ svg  
Potato Wedges ¼ c  
Brownie

7  
Chicken Soup w/ Rice & Veggies ½ c  
Bread Sticks  
Jell-O

8  
Nachos ½ svg (w or w/o meat)  
Salsa ¼ c  
Tangerine

11  
Veteran's Day School Closed

12  
Bagel & Cream Cheese ½ svg  
Sliced Banana ½ svg  
Yogurt ¼ c

13  
Fish Sticks 3  
Veggies & Dip  
Mini Choc Chip Muffin 1 svg

14  
Brunch4Lunch Pancakes 3  
Sausage ½ svg  
Applesauce ¼ c

15  
Grilled Cheese ½ svg  
Veggie Soup ¼ c  
Sliced Apples

18  
Pasta & Red Sauce (w& w/o meat)  
Sliced Veggies  
Raisins

19  
Ham & Cheese Waffle Sandwich ½ svg  
Chips  
Sliced Apples ¼ c

20  
Chicken Soup w/ Rice & Veggies ½ c  
Bread Sticks  
Jell-O

21  
Cheese Pizza 1 svg  
Veggie Sticks  
Applesauce ¼ c

22  
Bagel & Cream Cheese ½ svg  
Sliced Banana ½ svg  
Yogurt ¼ c

Placeholder for Thanksgiving Eve

25

26

27

28

29

Thanksgiving Break - School Closed

**FRUIT (1/4 c) & VEGGIES (1/4 c) are served at EVERY meal.**  
Serving sizes listed are minimum servings.  
Milk and water are available with lunch.